



*Gloria*  
*Spa*

# Massages

## *AromaTouch massage*

We use pure essential oils that revitalize your energy to restore holistic wellness. This massage is ideal for pain, fatigue and chronic discomfort relief. It includes Gong meditation music to take you deeper into blissful relaxation.

**60 minutes: \$115**



## *Glo Signature Massage:*

Deep tissue rejuvenation massage uses a combination of spa therapeutics and advanced bodywork modalities to rebalance your awareness and connection with your whole body and helps it to naturally heal from numbness, chronic pain, loss of range of motion, inflammation and stress to immediately feel improved.

**60 minutes: \$200**  **90 minutes: \$280**



## *Couples massage:*

At the Glo Spa we celebrate your romance with a customized side-by-side massage that rejuvenates your body and relaxes your mind with heated stones to soothe away tension, and romantic essential oils that stimulate your senses to improve mood and reduce stress.

**Available only on Fridays and Sundays**

**90 minutes: \$420**



## *Bamboo Massage:*

We use warm hollowed out bamboo canes to deliver a very unique massage experience. This massage is ideal to promote circulation, enhancing the flow of oxygen and nutrient rich blood to help with recovery and healing.

**60 minutes: \$150**  **90 minutes: \$210**



## *Hotstone Massage:*

We use heated flat stones, placed at specific positions on your body, to relax you and to ease tension. This massage is ideal to promote sleep, relieve muscle tension and reduce stress and anxiety.

**30 minutes: \$90**  **90 minutes: \$200**



## *Customized Massages- Prenatal and Sports Massages*

Let our therapist indulge you in a tandem massage where their hands min in unison to induce extraordinary relaxation

**30 minutes: \$90**



## *Reflexology Massages-*

Let our therapist relieve your pressure, de stress your body and calm every part of you with their targeted pressure movements.

**30 minutes: \$80**



## Facials

### *Cooling Cucumber Aloe facial*

Ideal for sensitive, oily, sunburned or acne-prone skin to soothe, heal and refresh. This treatment is packed with essential vitamins and minerals to remove impurities and restore hydration, botanical exfoliation to polish and tone, and a decongesting tonic masque to tighten and renew your skin. Your refreshing facial includes a relaxing neck and shoulders massage.

**60 minutes: \$165**



### *Pore Purifying facial*

Reveal smooth radiant skin with our deep pore purifying facial that draws out impurities to leave skin feeling nourished and refined. Your rejuvenating facial includes a therapeutic hands and feet massage.

**60 minutes: \$190**



### *Feed your skin.*

This revitalizing facial restores a youthful glow to dry, mature or sun damaged skin; with botanical enzymes and antioxidants that draw out impurities and dissolve dead skin cells to restore moisture and elasticity. Your pampering facial includes a relaxing massage of your shoulders and upper chest, lymphatic drainage of neck and face, and acupressure to relax tension in forehead, jaw, and underneath the eyes.

**90 minutes: \$235**



# *Dominican Body Glo*

## *Dominican Body Coffee Glo*

This treatment stimulates your lymphatic system to draw out toxins in the cells underneath your skin, and uses botanical exfoliation to increase circulation and improve skin texture. After a refreshing shower, your skin is misted with toning and purifying herbal tonics. Your treatment finishes with an uplifting or relaxing Swedish massage that includes essential oils and Vitamin E to nourish and hydrate your skin

**90 minutes: \$225**



## *Glo Cocoa Scrub*

Fresh, local handcrafted cocoa tea, rich in anti-oxidants to help tone the skin is mixed with sea salt, coconut oil and local plants such as basil and lime.

**90 minutes: \$225**



## *Dominica Body wrap*

Botanical mud with natural minerals and trace elements is used to deeply cleanse impurities from skin and gently exfoliate dull skin with hydrating ingredients that leave you feeling firm and refreshed. Your treatment includes lymphatic stimulation to release toxins and reduce inflammation, with a soothing neck and head aromatherapy massage.

**60 minutes: \$225**

## *Hydrotherapy*

**Experience soothing pain relief and deep relaxation in a hot bath treatment that revives your body mind and spirit, finished with a toning herbal tonic to hydrate your skin.**

### *Ginger Bath*

Increases circulation, promotes sweating, detoxes the lymphatic system, improves the immune system, and relaxes tired, achy muscles.

### *Glory Seeder Bath*

Cooling and soothing for sensitive or itching skin, relieves sunburn.

### *Detoxifying Sulphur Bath*

Provides relief from aching joints, draws out impurities from the muscles, and moisturizes the skin.

**60 minutes: \$150**

t



# Manicures, Pedicures & Waxing

## Herbal Detox Pedicure

A deep foot exfoliation scrubs away dead skin, and a local herbal botanical mask news the skin with naturally detoxifying and anti inflammatory treatment. The rejuvenating massage using pressure point techniques ensures you leave feeling completely relaxed  
Nail polish available upon request.

**60 minutes: \$180**



## Herbal Foot Soak

Our detox pedicure helps draw out toxins to strengthen the immune system; with hot herbal salt soak, soothing hot stone massage and gentle foot stretching exercises to release tension, and increase blood flow in your feet. We use pure botanical exfoliation to remove dead skin cells with a warm seaweed wrap to fully draw out the toxins released.

**45 minutes: \$130**



## Buff, Shine & Relax

Receive a mini pedicure. Have your cuticles buffed, your feet scrubbed and your polish redone in half the time, while relaxing in our natural ambiance.

**30 minutes: \$80**

## Glo Manicure

Nails and cuticles are expertly shaped, buffed and trimmed. Our expert manicurist refine, relax and soothe your hands with botanical exfoliation that removes dull dead skin, followed with a warm restorative herbal tonic soak, and inflammation relief massage with essential oils for increased blood circulation.

45 minutes: \$90

## Add-Ons

**Repolish application- \$20**

**French tips- \$50**

## Wax

Our organic wax soothes and moisturizes your skin, leaving it feeling smooth and supple for weeks afterwards. This treatment starts with dry body brushing and hot stone massage to stimulate your lymphatic system and purge toxins stored in cells underneath your skin, followed by a purifying exfoliation to remove dead skin cells.

Underarm \$40

Lip/Chin \$30

Half Leg \$60

Full leg \$115





## **Appointments**

(767) 4461010

767 2752533

*Resort Guests*

Dial "0" or ext 9609 from your room

### **Hours of Operation**

Monday- Sunday

9:00AM-5:00PM

CLOSED on Wednesdays

Appointments are based on availability. Please schedule at least 24 hours in advance for appointments before 10:00AM and after 3:00PM.

Reservations are required.

All cancellations must be made at least 24 hours in advance. Any same day cancellations will incur a cancellation fee.

All prices are in US and are inclusive of applicable taxes and fees.



ReJuV in Nature  
& *Rosalie Bay*

*Naturally Balanced*

