



Glo
Spa

Massages

AromaTouch massage

We use pure essential oils that revitalize your energy to restore holistic wellness. This massage is ideal for pain, fatigue and chronic discomfort relief. It includes Gong meditation music to take you deeper into blissful relaxation.

60 minutes: EC\$155/US\$58

Glo Signature Massage:

Deep tissue rejuvenation massage. A combination of spa therapeutics and advanced bodywork modalities rebalance your awareness and connection to your whole body. It helps it too naturally heal numbness, chronic pain, loss of range of motion, inflammation, and stress to immediately feel improved.

60 minutes: EC\$265/ US\$99  **90 minutes: EC\$345/ US\$128**

Couples massage:

At the Glo Spa we celebrate your romance with a customized side-by-side massage. Rejuvenate your body, relax your mind with heated stones, soothe away tension. Romantic essential oils that stimulate your senses, improve mood, and reduce stress.

Available only on Fridays and Sundays

90 minutes: EC\$420/ US\$158

Bamboo Massage:

Warm bamboo canes deliver a very unique massage experience. This massage is ideal to promote circulation, enhancing the flow of oxygen and nutrient rich blood. Helps with recovery and healing.

60 minutes: EC\$126/ US\$47  **90 minutes: EC\$177/ US\$66**

Hotstone Massage:

Heated stones are used to release toxins and ease tension from your muscles in combination with Swedish massage strokes and essential oils to completely relax body and mind

30 minutes: EC\$85/ US\$32  **60 minutes: EC\$120/ US\$45**

Prenatal Massages

Our expert therapist creates a safe and relaxing massage session that helps alleviate pain and stress in your body, using a custom massage oil to gently calm tension and soothe your skin.

60 minutes: EC\$150/ US\$56

Fitness Stretch Massage:

We use a variety of Deep Tissue, Sports Stretching therapy, and Trigger Point therapy massage to release pain and deeply held tension in the muscles and joints relevant to exercise activities and sports, to hasten your recovery time and allow you to train and exercise at a higher degree of intensity with less chance of injury.

60 minutes \$170/ US\$63

Reflexology Massages-

Relieve pressure, de stress your body and calm the entire body with targeted pressure movements.

30 minutes: EC\$117/US\$44



Facials

Cooling Cucumber Aloe facial

Ideal for sensitive, oily, sunburned or acne-prone skin to soothe, heal and refresh. This treatment is packed with essential vitamins and minerals to remove impurities and restore hydration, botanical exfoliation to polish and tone, and a decongesting tonic masque to tighten and renew your skin. Your refreshing facial includes a relaxing neck and shoulders massage.

60 minutes: EC\$213/ US\$80

Pore Purifying facial

Face, hands and feet

Reveal smooth radiant skin with our deep pore purifying facial that draws out impurities to leave skin feeling nourished and refined. Includes a therapeutic hands and feet massage.

60 minutes: EC\$269/US\$101

Feed your skin.

This revitalizing facial restores a youthful glow to dry, mature or sun damaged skin. Botanical enzymes and antioxidants draw out impurities and dissolve dead skin cells to restore moisture and elasticity. Your pampering facial includes a relaxing massage of your shoulders and upper chest, lymphatic drainage of neck and face, and acupressure, relax tension in forehead, jaw, and underneath the eyes.

90 minutes: EC\$236/US\$89



Dominican Body Glo

Dominican Body Coffee Glo

This treatment stimulates your lymphatic system to draw out toxins in the cells underneath your skin. Botanical exfoliation increases circulation and improves skin texture. After a refreshing shower, your skin is misted with toning and purifying herbal tonics. Your treatment finishes with an uplifting and relaxing Swedish massage with essential oils and Vitamin E to nourish and hydrate your skin

90 minutes: EC\$260/US\$98

Glo Cocoa Scrub

Improve skin health while you're being pampered. Local handcrafted cocoa powder rich in anti-oxidants and nourishing oils is blended into brown sugar mixed with warmed Dominica coconut oil, calming essential oils, and local medicinal herbs. After a refreshing shower, your treatment ends with a relaxing customized massage that includes Vitamin E to increase skin nourishment.

90 minutes: EC\$260/US\$98

Dominica Body wrap

Botanical mud with natural minerals and trace elements is used to deeply cleanse impurities from skin and gently exfoliate dull skin with hydrating ingredients that leave you feeling firm and refreshed. Your treatment includes lymphatic stimulation to release toxins and reduce inflammation, with a soothing neck and head aromatherapy massage.

60 minutes: EC\$244/US\$92

Hydrotherapy

Experience soothing pain relief and deep relaxation in a hot bath treatment that revives your body mind and spirit, finished with a toning herbal tonic to hydrate your skin.

Ginger Bath

Increases circulation, promotes sweating, detoxes the lymphatic system, improves the immune system, and relaxes tired, achy muscles.

Glory Seeder Bath

Cooling and soothing for sensitive or itching skin, relieves sunburn.

Detoxifying Sulphur Bath

Provides relief from aching joints, draws out impurities from the muscles, and moisturizes the skin.

60 minutes: EC\$179/US\$67



Manicures & Pedicures & Waxing

Herbal Detox Pedicure

Our Spa therapist pampers your feet with expert beautifying nail care and a custom exfoliating product that removes dead skin cells and improves skin health, along with an herbal-infused botanical foot mask that naturally detoxifies and nourishes your skin. This treatment includes a rejuvenating hot stone leg massage, with pressure point and gentle stretching techniques to ensure you leave feeling completely relaxed.

Nail polish available upon request.

60 minutes: ECS195/US\$74

Herbal Foot Soak

This treatment helps draw out toxins to strengthen the immune system. We use a combination of minerals, herbs, hydrating oils, and essential oils to exfoliate dead skin cells, increase blood circulation and relax your feet. Afterwards, your feet are wrapped in warm seaweed to fully draw out the toxins released. Your treatment ends with a moisturizing foot massage.

45 minutes: ECS155/US\$58

Buff, Shine & Relax

Receive a mini pedicure. Have your cuticles buffed, your feet scrubbed and your polish redone in half the time, while relaxing in our natural ambiance.

30 minutes: ECS90/US\$34

Herbal Detox Manicure- Glo Signature Manicure

Nails and cuticles are soaked in herb and mineral warm water, then expertly trimmed, buffed and shaped. Your hands are refined with a botanical exfoliation that removes dull dead skin, followed with a warm restorative clay mask with essential oils to relieve inflammation, increase circulation and soothe your skin. A hand massage with gentle stretching techniques and nail polish ends your treatment.

45 minutes: ECS100/US\$38

Add- Ons

Repolish application- \$20

French tips- \$50

Wax

Our organic wax soothes and moisturizes your skin, leaving it feeling smooth and supple for weeks afterwards. This treatment starts with dry body brushing and hot stone massage to stimulate your lymphatic system and purge toxins stored in cells underneath your skin, followed by a purifying exfoliation to remove dead skin cells.

Underarm- EC\$60/US\$23

Lip/Chin- EC\$50/ US\$19

Half Leg -EC\$85/ US\$32

Full leg -EC\$115/US\$44





Appointments

(767) 4461010

767 2752533

Resort Guests

Dial "0" or ext 9609 from your room

Hours of Operation

Monday- Sunday

9:00AM-5:00PM

CLOSED on Wednesdays

Appointments are based on availability. Please schedule at least 24 hours in advance for appointments before 10:00AM and after 3:00PM.

Reservations are required.

All cancellations must be made at least 24 hours in advance. Any same day cancellations will incur a cancellation fee.

Arrive 15 minutes prior to your appointment. As a courtesy to our clients, late arrivals will receive their remaining appointment time and will be charge the full service.

All prices are in EC and US and are inclusive of applicable taxes and fees.



ReJuV in Nature
& *Rosalie Bay*

Naturally Balanced

