

Rosalie Bay



Eco Resort & Spa

Dominica

All prices are in EC and US dollars and are inclusive of taxes and service charge. If you have any allergies please alert your server as soon as possible.

BREAKFAST MENU

HEALTHY START BREAKFAST

ALL ITEMS COME WITH LOCAL BREADS, FRESH JUICE AND A CHOICE OF COFFEE, TEA OR COCOA TEA.

CONTINENTAL

HARD BOILED OR SOFT-BOILED EGGS, HAM, CHEESE, BREAD OF THE DAY, JAM

POWER UP

FULLY LOADED CEREAL W/ FRUIT, NUTS, NUT BUTTER
CHIA SEEDS, HONEY

OATMEAL

QUINOA

FARINE

SWEET POTATO

RISE & SHINE

CHOICE OF REGULAR OR EGG WHITE OMELETTE, WITH
A CHOICE OF 3 FILLINGS

HAM

BACON

PEPPERS & ONION

SPINACH & HERB

MUSHROOM

CHEDDAR CHEESE

GRAND SLAM

2 EGGS- SCRAMBLED OR FRIED, 2 BAKES OR TOAST, 2
PORK

SAUSAGES OR BACON, BAKED
BEANS BEANS OR SIDE SALAD

